



Locally known as Most-oa-Tunya, the smoke that thunders, the Victoria Falls are a lifetime destination.

The Victoria Falls are said to be the greatest curtain of falling water in the world carrying 500 million liters of water a minute in time of full flood.

Whether this epithet is true or not, such an extraordinary phenomenon is the result of water erosion.

More than a hundred thousand years ago, the Zambezi River abruptly turned north, bringing the water flow at right angles to the major east-west fault lines of the land.

On reaching one of these lines, soft sediments were washed away easily and a wide, steep gorge was formed, the first set of Falls.

Gradually a weakness was found somewhere on the waterfall's edge, and more and more water fell through this steadily deepening channel, cutting back further until another east-west fault line was met, at which point another gorge was made, the second set of Falls.

Victoria Falls Town, in Zimbabwe, and Livingstone, in [Zambia](#), are the [adrenalin capitals of Africa](#), are the base for a range of activities, including cruises on the Zambezi, African traditional dancing, abseiling, white water rafting, bungee jumping and canoeing.

But not only exciting activities can be found in the adventure capitals, there are museums, art galleries and craft markets.

